CYBER RALLY-O
MINI DIVISION EXERCISES
(October 29, 2026)

The following exercises may only be used in Mini Division entries. Demos are on the CRO YouTube channel. (Links to demos are also found at the end of each level's exercise list.) These Mini Division exercises are in addition to the CRO Rally Division exercises, which you may also use.

Cones are referenced, but you may use any suitable objects instead. Examples are boxes, chairs, shoes, etc. All the objects need not be the same size or type, but they must be visible to the judge.

In exercises where the team will be moving out of Heel/Side position to perform the exercise, such as Dog Circles Cone, the team must approach and leave the station in Heel/Side position. For all exercises, stopping before and after the exercise is optional unless the exercise name begins with "Stop"**, in which case it is required**.

Head and Toe positions are included in some of the exercises. Head position is like Heel position with the dog on the left side of the handler. But the dog is facing the opposite direction, so his/her left side is next to the handler. Toe position is like Side position with the dog on the right side of the handler. But the dog is facing the opposite direction, so his/her right side is next to the handler. In all stationary Head and Toe positions, the dog may sit or stand. Standing is preferred.

Where mentioned in the exercises, "CW" means clockwise and "CCW" means counterclockwise.

NOTE: Handlers using a mobility aid (cane, walker, etc.) may use Head or Toe position instead of Front position for all the Rally Division Call Front exercises, including the Long Call Front exercises. For Mini Rally exercises, the option is specified and may be used by all handlers with or without mobility aids.

Level I

M1. **Dog Circles Cone CW (180°)** - While in Heel or Side position, the team stands facing a cone. A complete stop is not required. The handler sends the

dog around the cone CW (180°). There is no distance requirement, but the handler may not step past the cone. The dog returns to Heel/Side position. The exercise is now complete.

M2. **Dog Circles Cone CCW (180°)** - While in Heel or Side position, the team stands facing a cone. A complete stop is not required. The handler sends the dog around the cone CCW (180°). There is no distance requirement, but the handler may not step past the cone. The dog returns to Heel/Side position. The exercise is now complete.

Level I Demonstration Videos

Level II

M1. **Single Cone Loop (Dog Outside)** - The team circles a cone (360°) with the dog on the outside of the circle.

M2. **Single Cone Loop (Dog Inside)** - The team circles a cone (360°) with the dog on the inside of the circle.

M3. **Dog Only Cone Loop (1 cone) -** The team stops or slows while moving past a cone that is on the team's left side for Heel or the team's right side for Side. The handler sends the dog in a 360° circle around ~~a~~ the cone (either CW or CCW). The dog returns to Heel/Side position. The exercise is now complete.

M4. **Dog Takes Object** - The team may stop, pause, change position, and/or continue forward when doing this exercise. The dog takes an object from the handler or from the ground (handler may place or toss the object). No distance is required. The exercise is complete when the dog has the object in his/her mouth. No duration is required. The team resumes the position (Heel/Side) in which they started the exercise. The handler may leave the object on the course or may take it away.

M5. **Stop. Head Position**. - The team stops. The dog may sit or stand at the handler's side. The handler cues the dog to Head. From Heel position, the dog will turn 180 degrees in either direction to assume Head position. From Side position, the dog will do a half circle around the front of the handler to assume Head position. **The team must pause in Head position (either standing or sitting)**. The exercise is now complete and the team resumes the position in which they approached the station. The team may pause or not before moving

forward.

M6. **Stop. Toe Position.** - The team stops. The dog may sit or stand at the handler's side. The handler cues the dog to Toe. From Heel position, the dog will do a half circle around the front of the handler to assume Toe position. From Side position, the dog will turn 180 degrees in either direction to assume Toe position. **The team must pause in Toe position (either standing or sitting).** The exercise is now complete and the team resumes the position in which they approached the station. The team may pause or not before moving forward.

Level II Demonstration Videos

Level III

M1. **Double Spin (Same Direction)** - The team may stop, pause, change position, and/or continue forward when doing this exercise. From Heel, Side, Front, Head, or Toe position (handler's choice), the dog does two spins, one after the other, either CW or CCW.

M2. **Dog Holds Object (2+ Seconds)** - The team may stop, pause, change position, and/or continue forward when doing this exercise. The dog takes an object from the handler or from the ground and holds it at least two seconds before either dropping it or giving it to the handler. The team resumes the position (Heel/Side) in which they started the exercise. The handler may leave the object on the course or may take it away.

M3. **Leave and Return** - The team stops forward motion. A pause is optional. The team may change to any position before doing this exercise (Heel, Side, Front, Head, Toe). The handler cues the dog to either a stand, a sit, or a down. The handler cues the dog to wait. The handler moves at least five feet from the dog (in any direction) and waits at least three seconds before returning to the dog. Upon returning to the dog, the handler resumes the position in which the team arrived at the station (Heel or Side). The exercise is now complete. The team may pause or not before moving forward.

M4. **Stop. Send to Target. Sit. Recall to Heel/Side.** – This exercise requires a target to be placed approximately four to six feet away from the station (in any direction). The target may be any object, large or small, including a toy (but the dog may NOT pick up the target). The team stops at the sign. **The dog may stand or sit at the handler's side.** The handler sends the

dog to the target. The dog must go to the target and may (not required) indicate it by touching with nose or paw. The handler cues the dog to sit. The dog must sit (and may NOT down) in close proximity to the center of the target (within a two foot radius). The handler cues a recall to the position in which the team approached the station (Heel or Side). **The dog returns to the handler and stands or sits in Heel/Side position.** The exercise is now complete. The team may pause or not before moving forward.

M5. **Stop. Send to Target. Down. Recall to Heel/Side.** – This sign requires a target to be placed approximately four to six feet away from the sign (in any direction). The target may be any object, large or small, including a toy (but the dog may NOT pick up the target). The team stops at the sign. **The dog may stand or sit at the handler's side.** The handler sends the dog to the target. The dog must go to the target and may (not required) indicate it by touching with nose or paw. The handler cues the dog to down. The dog must down (and may NOT sit) in close proximity to the center of the target (within a two foot radius). The handler cues a recall to the position in which the team approached the station (Heel or Side). **The dog returns to the handler and stands or sits in Heel/Side position.** The exercise is now complete. The team may pause or not before moving forward.

M6. **Call to Head Position** - While moving forward, the handler stops forward motion and may back up several steps (optional), calling the dog to Head position. The dog may stand or sit in Head position. **The team must pause in Head position, either standing or sitting.** The exercise is now complete and the team resumes forward motion in the position (Heel or Side) in which they approached the station. Pausing at the end of the exercise is optional. This exercise is different from the Mini Level II M5 exercise (Stop. Head Position) because there is no pause before the handler calls the dog to the position.

M7. **Call to Toe Position** - While moving forward, the handler stops forward motion and may back up several steps (optional), calling the dog to Toe position. The dog may stand or sit in Toe position. **The team must pause in Toe position, either standing or sitting.** The exercise is now complete and the team resumes forward motion in the position (Heel or Side) in which they approached the station. Pausing at the end of the exercise is optional. This exercise is different from the Mini Level II M6 exercise (Stop. Toe Position) because there is no pause before the handler calls the dog to the position.

M8. **Dog Only Cone Loops (2 cones) -** This exercise requires two cones (or

other markers) placed in a straight line with spaces between them of approximately four feet. The team stops or slows while moving past the line of cones that is on the team's left side for Heel or the team's right side for Side. The handler sends the dog in a 360° circle around each cone as the team passes each one. The dog returns to Heel/Side position. The exercise is now complete. The dog must circle both cones in the same direction (either CW or CCW).

Level III Demonstration Videos

Level IV

M1. **Take and Carry Object** - The team may stop, pause, change position, and/or continue forward when doing this exercise. The dog takes an object from the handler or from the ground and moves with the handler at least three feet in any direction while holding the object before either dropping it or giving it to the handler. The team resumes the position (Heel/Side) in which they started the exercise. The handler may leave the object on the course or may take it away.

M2. **Cone Loops (3 cones) Alternating** – This exercise requires three cones (or other markers) placed in a straight line with spaces between them of approximately four to eight feet. The team approaches the first cone and loops around it either CW or CCW (your choice). At the second cone, the team loops around in the opposite direction. At the third cone, the team loops around in the first direction. The first and third cones will be looped in the same direction. The second cone will be looped in the opposite direction.

M3. **Double Spin (Opposite Directions)** - The team may stop, pause, change position, and/or continue forward when doing this exercise. From Heel, Side, Front, Head, or Toe position (handler's choice) the dog does 360° turns, one after the other, one going CW and the other CCW. The dog may do either direction first.

M4. **Target and Return** - The team stops forward motion. A pause is optional. The team may change to any position before doing this exercise (Heel, Side, Front, Head, Toe). From a distance of at least six feet, the dog is sent to a target and called back. The exercise is done correctly if the dog places at least one foot on the target or touches it with his/her nose or circles it. The target may be an object such as a cone or chair or rug. There is no duration requirement. The

handler cues the dog to the position in which they arrived at the station (Heel/Side). The team may pause or not before moving forward.

M5. **Dog Only Cone Loops (3 cones) -** This exercise requires three cones (or other markers) placed in a straight line with spaces between them of approximately four feet. The team stops or slows while moving past the line of cones that is on the team's left side for Heel or the team's right side for Side. The handler sends the dog in a 360° circle around each cone as the team passes each one. The dog returns to Heel/Side position. The exercise is now complete. The dog must circle all the cones in the same direction (either CW or CCW).

M6. **Dog Only Figure 8 -** This exercise requires two cones (or other markers) spaced approximately four to eight feet apart. The team stops forward motion in Heel or Side position, facing the space between the two cones. A pause is optional. From Heel position, the handler directs the dog between the cones and around the cone on the right, then between the cones and around the cone on the left. The dog then returns to Heel position. A pause is optional. The team passes between the two cones to complete the exercise and move to the next station. From Side position, the dog will go around the left cone first and the right cone second, then back to Side position (a pause is optional) and the teams exits between the cones to the next station.

M7. **Sequential 180° Turns (Team)** - The team performs a 180° Right Turn immediately followed by a 180° Left Turn. Alternatively, the team performs a 180° Left Turn immediately followed by a 180° Right Turn.

M8. **Sequential 360° Turns (Individual)** - The team may stop or may continue moving forward for this exercise. In succession, each team member performs a complete 360° turn in Heel/Side position. **A pause between the two turns is recommended.** Either team member may perform the turn first (dog then handler, or handler then dog). The turns may be in the same or opposite direction. The exercise is now complete and the team resumes forward motion in the position (Heel or Side) in which they approached the station. Pausing at the end of the exercise is optional.

M9. **Stop. Sit. Leave Dog 3-5 Steps. Call to Front/Head/Toe** - The team Stops. The dog may sit or stand at the handler's side. **The handler cues the dog to Sit** (if not already sitting). The dog waits while the handler takes 3-5 steps in any direction. The handler calls the dog to Front, Head, or Toe position (handler's choice). **The team must pause in Front, Head, or Toe position (the**

dog may stand or sit). The exercise is now complete and the handler cues the dog to the position in which they arrived at the station (Heel/Side).

M10. **Stop. Sit. Leave Dog 3-5 Steps. Call to Heel/Side** - The team Stops. The dog may sit or stand at the handler's side. **The handler cues the dog to Sit** (if not already sitting). The dog waits while the handler takes 3-5 steps in any direction. **The handler may face the dog or face away from the dog.** The handler calls the dog to the position in which they arrived at the station (Heel/Side). The exercise is now complete. The team may pause or not before moving forward.

Level IV Demonstration Videos

Level V

M1. **Retrieve Object** - The team may stop, pause, change position, and/or continue forward when doing this exercise. The handler places or tosses an object at least three feet from the dog. The handler sends the dog to get the object, and the dog brings the object to the handler. The dog must bring the object close enough for the handler to easily take it from the dog's mouth; or, if the dog drops the object after the retrieve, the object must be close enough for the handler to pick it up without moving his/her feet. The exercise is now complete. The team resumes the position (Heel/Side) in which they started the exercise. The handler may leave the object on the course or may take it away.

M2. **Advanced Leave and Return** - While stationary in Heel or Side position, the handler cues the dog to a position (sit, down, or stand). The dog remains in position while the handler moves at least six feet (in any direction) from the dog and waits at least 10 seconds before returning to the dog in the same position in which the exercise started (Heel or Side). The team may pause or not before moving forward.

M3. **Do 3 Different Tricks.** – The team may stop, pause, change position, and/or continue forward when doing this exercise. The dog will do any three tricks (wave, bow, spin, roll over, etc.). The team may move out of Heel or Side position for execution of the tricks and the handler may position the dog for the tricks but not by physically moving the dog. The handler may have a prop by the station to use for one or more of the tricks (cane, hoop, etc.).

M4. **Call Front/Head/Toe. Sequential 360 Turns (Individual)** - While moving forward, the handler stops forward motion and may back up several steps (optional), calling the dog to Front, Head, or Toe (handler's choice). **The team must pause in Front/Head/Toe position (the dog may stand or sit).** Then, in succession, each team member performs a complete 360° turn in Front/Head/Toe position. **A pause between the two turns is recommended.** Either team member may perform the turn first (dog then handler, or handler then dog). The turns may be in the same or opposite direction. The exercise is now complete and the team resumes forward motion in the position (Heel or Side) in which they approached the station. Pausing at the end of the exercise is optional.

M5. **Dog Only Cone Loops (4 cones) -** This exercise requires four cones (or other markers) placed in a straight line with spaces between them of approximately four feet. The team stops or slows while moving past the line of cones that is on the team's left side for Heel or the team's right side for Side. The handler sends the dog in a 360° circle around each cone as the team passes each one. The dog returns to Heel/Side position. The exercise is now complete. The dog must circle all the cones in the same direction (either CW or CCW).

M6. **Stop. Send to Target. Sit. Recall to Heel/Side. -** This sign requires a target to be placed approximately six to eight feet away from the sign (in any direction). The target may be any object, large or small, including a toy (but the dog may NOT pick up the target). The team stops at the sign. **The dog may stand or sit at the handler's side.** The handler sends the dog to the target. The dog must go to the target and may (not required) indicate it by touching with nose or paw. The handler cues the dog to sit. **The dog must sit (and may NOT down)** in close proximity to the center of the target (within a one yard radius). The handler cues a recall to the position in which the team approached the station (Heel or Side). **The dog returns to the handler and stands or sits in Heel/Side position.** The team may pause or not before moving forward. The exercise is now complete.

M7. **Stop. Send to Target. Down. Recall to Heel/Side.** – This sign requires a target to be placed approximately six to eight feet away from the sign (in any direction). The target may be any object, large or small, including a toy (but the dog may NOT pick up the target). The team stops at the sign. **The dog may stand or sit at the handler's side.** The handler sends the dog to the target. The dog must go to the target and may (not required) indicate it by touching with nose or paw. The handler cues the dog to down. **The dog must down (and may NOT sit)** in close proximity to the center of the target (within a one yard ra-

dius). The handler cues a recall to the position in which the team approached the station (Heel or Side). **The dog returns to the handler and stands or sits in Heel/Side position.** The team may pause or not before moving forward. The exercise is now complete.

M8. **Call to Head Position. Dog 360°.** – While moving forward, the handler stops forward motion and may back up several steps (optional), calling the dog to Head position. **The team must pause in Head position (the dog may stand or sit).** The dog turns/spins 360 degrees and returns to Head position. The dog may turn either CW or CCW. The handler cues the dog to the position in which they approached the station (Heel or Side). The team may pause or not before moving forward.

M9. **Call to Toe Position. Dog 360°.** – While moving forward, the handler stops forward motion and may back up several steps (optional), calling the dog to Toe position. **The team must pause in Toe position (the dog may stand or sit).** The dog turns/spins 360 degrees and returns to Toe position. The dog may turn either CW or CCW. The handler cues the dog to the position in which they approached the station (Heel or Side). The team may pause or not before moving forward.

M10. **Stop (Stand). Leave Dog 3-5 Steps. Call to Front, Head, or Toe** - The team Stops and the dog stands (and may not sit) at the handler's side. The dog waits while the handler takes 3-5 steps in any direction. **The handler may face the dog or face away from the dog.** The handler calls the dog to Front, Head, or Toe position (handler's choice). **The team must pause in Front, Head, or Toe position (the dog may stand or sit).** The exercise is now complete and the handler cues the dog to the position in which they arrived at the station (Heel/Side). The team may pause or not before moving forward.

M11. **Stop (Stand). Leave Dog 3-5 Steps. Call to Heel/Side** - The team Stops and the dog stands (and may not sit) at the handler's side. The dog waits while the handler takes 3-5 steps in any direction. **The handler may face the dog or face away from the dog.** The handler calls the dog to the position in which they arrived at the station (Heel/Side). The team may pause or not before moving forward. The exercise is now complete.

Level V Demonstration Videos

For the Mini Rally guidelines see the Mini Division Guidelines document on the Mini Division page of the CRO website.

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ENJOY YOUR DOG & YOUR TRAINING!

WE LOOK FORWARD TO RECEIVING YOUR ENTRY!
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