

**Cyber Rally - O**  
**Level II Exercise Descriptions (12/30/2021)**

**Note: The team may begin any course in either Heel or Side position. In the Performance Track, every Transition sign requires a change of position from Heel to Side or Side to Heel. The team will continue working in the transitioned position until the next transition when the team will change again from Side to Heel or Heel to Side.**

**Where the sign says "Stop." it means the team stops with the dog either standing OR sitting at the handler's side. The choice is yours. Only for signs that say "Stop (Stand)." does the dog need to stand at the handler's side. In Level I, this is Sign 24. In Level II, there are no such signs. Please note that both team members **MUST** pause in either the Sit or the Stand each time a sign says "Stop." Do not proceed with the next part of the exercise until you have paused. The only "moving" exercises are in Levels IV and V. All other exercises require a pause at each change of position including the initial Sit or Stand position.**

**For every position change (Sit, Stand, etc.), the dog must pause before doing the next part of the exercise and/or before leaving the station. Say, "Good dog!" after each position change and you will always have your pause built into the exercise!**

- 1-2. **Transition** – The team will change position from Heel to Side (if approaching the sign in Heel position) or from Side to Heel (if approaching the sign in Side position). The dog and/or handler can transition with any move(s), either stationary or moving or both.
- 3-4. **Transition 90° Right** – The team will transition from Heel to Side (or Side to Heel) while turning 90 degrees right. The dog and/or handler can transition with any move(s), either stationary or moving or both.
- 5-6. **Transition 90° Left** – The team will transition from Heel to Side (or Side to Heel) while turning 90 degrees left. The dog and/or handler can transition with any move(s), either stationary or moving or both.
- 7-8. **Transition 180°** - The team will transition from Heel to Side (or Side to Heel) while turning 180 degrees. The dog and/or handler can transition with any move(s), either stationary or moving or both.
- 9-10. **Single Jump** – The team approaches the jump in Heel or Side position. The dog passes between the jump standards and over the bar, without knocking down the bar, while the handler passes the jump. The team resumes their former position (Heel or Side). (Please see jump options in the Rules and Guidelines.)

11. **Stop. Send to Target. Sit. Recall to Heel.** – This sign requires a target to be placed approximately six to ten feet away from the sign (in any direction). The target may be any object, large or small, including a toy (but the dog may NOT pick up the target). The team stops at the sign. **The dog may stand or sit at the handler's side.** The handler sends the dog to the target. The dog must go to the target and may (not required) indicate it by touching with nose or paw. The handler cues the dog to sit. The dog must sit (and may NOT down) in close proximity to the center of the target (within a one yard radius). The handler cues a recall to Heel position. **The dog returns to the handler and stands or sits in Heel position.** The exercise is now complete. You may transition to Side position before leaving the station if you wish.
12. **Stop. Send to Target. Down. Recall to Side.** – This sign requires a target to be placed approximately six to ten feet away from the sign (in any direction). The target may be any object, large or small, including a toy (but the dog may NOT pick up the target). The team stops at the sign. **The dog may stand or sit at the handler's side.** The handler sends the dog to the target. The dog must go to the target and may (not required) indicate it by touching with nose or paw. The handler cues the dog to down. The dog must down (and may NOT sit) in close proximity to the center of the target (within a one yard radius). The handler cues a recall to Side position. **The dog returns to the handler and stands or sits in Side position.** The exercise is now complete. You may transition to Heel position before leaving the station if you wish.
13. **Stop. Sit. Stand.** – The team stops. The dog sits at the handler's side. The dog stands at the handler's side. **This sign is correctly performed if the dog sits immediately upon the team stopping or if the dog stands upon stopping and then is cued to Sit. The team must pause in the Sit position before the handler cues the Stand.**
14. **Stop. Sit. Down. Walk Around.** – The team stops. The dog sits at the handler's side. The dog downs at the handler's side. The handler walks around the dog counterclockwise and returns to Heel position. (In Side position, the handler walks around the dog clockwise and returns to Side position). **This sign is correctly performed if the dog sits immediately upon the team stopping and is then cued to Down or if the dog stands upon stopping and then is cued to Sit and then cued to Down. The team must pause in the Sit position before the handler cues the Down and must pause in the Down position before the handler walks around.**
15. **Stop. 360° in Place. Dog Outside.** – The team stops. **If the dog is sitting next to the handler, the dog will stand to do the pivot.** Without

moving forwards or backwards, the team pivots in place 360 degrees with the dog on the outside of the pivot. **In Heel position, the team will pivot clockwise. In Side position, the team will pivot counterclockwise.** During the pivot, the team will maintain position (Heel or Side). **The team must pause in the Stop position before performing the 360.**

16. **Figure 8** – This exercise requires two cones, posts, or other markers. The team passes between the two markers, circles one of the markers (either side), passes between the two markers again, circles the marker on the opposite side and passes between the two markers again while exiting the station. **Depending on the location of the next station, the team may exit towards the left, the right, or forward.**
17. **Stop. Fast.** - The team stops. The dog may sit or stand at the handler's side. The team moves forward at a fast pace until reaching the next sign. **The team must pause in the Stop position before the Fast.**
18. **Do Any Trick.** - The team may stop, slow down, or immediately execute the trick. The dog will do any trick (wave, bow, spin, roll over, etc.). The team may move out of Heel or Side position for execution of the trick and the handler may position the dog for the trick but not by physically moving the dog. The handler may have a prop by the station to use for the trick (cane, hoop, etc.).
19. **Dog 360°** - The team may stop or may continue moving forward for this sign. The dog turns/spins 360 degrees at the handler's side and returns to position (Heel or Side). The dog may turn either clockwise or counterclockwise on either side of the handler.
20. **Call Front. Dog 360°.** – While moving forward, the handler stops forward motion and may back up several steps (optional), calling the dog to Front position. **The dog may stand or sit in Front position. The dog must pause in Front position, either standing or sitting.** The dog turns/spins 360 degrees and returns to Front position. The dog may turn either clockwise or counterclockwise. The handler cues the dog to the position in which they approached the station (Heel or Side). **The team may pause or not before moving forward.**
21. **Single Jump Figure 8** - The team approaches the jump in Heel or Side position (pausing is optional). The handler remains on the approach side of the jump. The dog goes over the jump and around the outside of one jump standard, goes over the jump again and around the outside of the other jump standard, completing a figure 8. The dog may not knock down the jump bar. The exercise is now complete. The dog may go over the jump a third time as the handler passes the jump or the team may resume

- their former position (Heel or Side) and pass the jump together. **(Please see jump options in the Rules and Guidelines.)**
22. **Stop. Send to Target. Sit. Recall to Heel/Side.** – This sign is performed the same way as Sign 11 (Stop. Send to Target. Sit. Recall to Heel.), except that the dog will be recalled to the position in which the team approached the station (Heel or Side).
  23. **Stop. Send to Target. Down. Recall to Heel/Side.** – This sign is performed the same way as Sign 12 (Stop. Send to Target. Down. Recall to Side.), except that the dog will be recalled to the position in which the team approached the station (Heel or Side).
  24. **False Right Turn (Right Turn, Come Fore, Handler Resumes Heel/Side)** – The team executes a right turn (90 degrees) and takes several steps after which the handler begins moving backwards, calling the dog to come fore. The dog turns (completely, not partially) 180 degrees and moves towards the handler. The team takes several steps in Come Fore position after which the handler returns to the position in which the team approached the station (Heel/Side) by turning 180 degrees right (to Heel) or left (to Side). The team has now actually made a left turn on the course. This exercise is performed while the team is in motion; there are no stops/pauses in place. The team must take several steps in each direction/position.
  25. **False Left Turn (Left Turn, Come Fore, Handler Resumes Heel/Side)** – The team executes a left turn (90 degrees) and takes several steps after which the handler begins moving backwards, calling the dog to come fore. The dog turns (completely, not partially) 180 degrees and moves towards the handler. The team takes several steps in Come Fore position after which the handler returns to the position in which the team approached the station (Heel/Side) by turning 180 degrees right (to Heel) or left (to Side). The team has now actually made a right turn on the course. This exercise is performed while the team is in motion; there are no stops/pauses in place. The team must take several steps in each direction/position.
  26. **Call Front. Single Weave Finish. Wait.** - While moving forward, the handler stops forward motion and may back up several steps (optional), calling the dog to Front position. **The dog may stand or sit in Front position. The dog must pause in Front position, either standing or sitting.** The handler then re-positions his/her feet/legs and cues the dog to pass between the handler's legs to move to Heel/Side position. **The dog may sit or stand in Heel/Side position. The team pauses before moving forward.** The handler must re-position feet/legs after the Call

Front and before the Wait portion of this exercise; and this does not result in a scoring deduction.

27. **Call Front. Single Weave Finish. Forward.** - While moving forward, the handler stops forward motion and may back up several steps (optional), calling the dog to Front position. **The dog may stand or sit in Front position. The dog must pause in Front position, either standing or sitting.** The handler then re-positions his/her feet/legs and cues the dog to pass between the handler's legs to move to Heel/Side position. The handler begins moving forward as soon as the dog completes the weave. The dog catches up to the handler and resumes Heel/Side position.
28. **Call Front. Single Weave Transition. Wait.** - While moving forward, the handler stops forward motion and may back up several steps (optional), calling the dog to Front position. **The dog may stand or sit in Front position. The dog must pause in Front position, either standing or sitting.** The handler then re-positions his/her feet/legs and cues the dog to pass between the handler's legs to transition to Heel/Side position. **The dog may sit or stand in Heel/Side position. The team pauses before moving forward.** The handler must re-position feet/legs after the Call Front and before the Wait portion of this exercise; and this does not result in a scoring deduction.
29. **Call Front. Single Weave Transition. Forward.** - While moving forward, the handler stops forward motion and may back up several steps (optional), calling the dog to Front position. **The dog may stand or sit in Front position. The dog must pause in Front position, either standing or sitting.** The handler then re-positions his/her feet/legs and cues the dog to pass between the handler's legs to transition to Heel/Side position. The handler begins moving forward as soon as the dog completes the weave. The dog catches up to the handler and assumes Heel/Side position.