

Cyber Rally - O
Level I Exercise Descriptions (10/13/12)

Note: The team may proceed in either Heel or Side position but must be consistent for the entire Level I course.

Where the sign says "Stop." it means the team stops with the dog either standing OR sitting at the handler's side. The choice is yours. Only for signs that say "Stop (Stand)" does the dog need to stand at the handler's side. In Level I, these are Signs 24 and 44. Please note that both team members **MUST pause in either the Sit or the Stand each time a sign says "Stop." Do not proceed with the next part of the exercise until you have paused. The only "moving" exercises are in Levels IV and V. All other exercises require a pause at each change of position including the initial Sit or Stand position.**

For every position change (Sit, Stand, etc.), the dog must pause before doing the next part of the exercise and/or before leaving the station. Say, "Good dog!" after each position change and you will always have your pause built into the exercise!

1. **Start** - Marks the beginning of the course. Judging and timing begins when the team passes the Start sign.
2. **Finish** - Marks the end of the course. Judging and timing ends when the team passes the Finish sign.
- 3-4. **Right Turn** - Team turns 90 degrees right.
- 5-6 **Left Turn** - Team turns 90 degrees left.
- 7-8. **180° Right** - Team turns 180 degrees right.
- 9-10. **180° Left** - Team turns 180 degrees left.
- 11-12. **270° Right** - Team turns 270 degrees right.
- 13-14. **270° Left** - Team turns 270 degrees left.
15. **360° Right** - Team turns 360 degrees right.
16. **360° Left** - Team turns 360 degrees left.
- 17-18. **Schutzhund Turn** - While moving in Heel position towards the sign, the dog moves clockwise around the handler as the handler turns 180

degrees left. The team continues moving in Heel position away from the sign. (If the team is moving in Side position, the dog will move counterclockwise around the handler as the handler turns 180 degrees right.)

19. **Stop. Sit.** - The team stops. The dog sits at the handler's side. **This sign is correctly performed if the dog sits immediately upon the team stopping or if the dog stands upon stopping and then is cued to Sit.**
20. **Stop. Down.** - The team stops. The dog downs at the handler's side. **This sign is correctly performed if the dog sits immediately upon the team stopping and is then cued to Down or if the dog stands upon stopping and then is cued to Down.**
21. **Stop. Sit. Down.** - The team stops. The dog sits at the handler's side. The dog downs at the handler's side. **This sign is correctly performed if the dog sits immediately upon the team stopping and is then cued to Down or if the dog stands upon stopping and then is cued to Sit and then to Down.**
22. **Stop. Sit. Walk Around** - The team stops. The dog sits at the handler's side. The handler walks around the dog counter-clockwise and returns to Heel position. (In Side position, the handler walks around the dog clockwise and returns to Side position.) **This sign is correctly performed if the dog sits immediately upon the team stopping or if the dog stands upon stopping and then is cued to Sit. The team must pause in the Sit position before the handler walks around.**
23. **Stop. Down. Walk Around** - The team stops. The dog downs at the handler's side. The handler walks around the dog counter-clockwise and returns to Heel position. (In Side position, the handler walks around the dog clockwise and returns to Side position.) **This sign is correctly performed if the dog sits immediately upon the team stopping and is then cued to Down or if the dog stands upon stopping and then is cued to Down. The team must pause in the Down position before the handler walks around.**
24. **Stop (Stand). Walk Around** - The team stops. **The dog remains standing at the handler's side.** The handler walks around the dog counter-clockwise and returns to Heel position. (In Side position, the handler walks around the dog clockwise and returns to Side position.) **The team must pause in the Stand position before the handler walks around.**
25. **Call Front. Finish (Circle). Wait.** - While moving forward, the handler stops forward motion and may back up several steps (optional), calling the

- dog to Front position. **The dog may stand or sit in Front position. The dog must pause in Front position, either standing or sitting.** The dog then moves clockwise around the handler to Heel position (or counterclockwise to Side position). **The dog may sit or stand in Heel/Side position. The team pauses before moving forward.**
26. **Call Front. Finish (Loop). Wait.** - While moving forward, the handler stops forward motion and may back up several steps (optional), calling the dog to Front position. **The dog may stand or sit in Front position. The dog must pause in Front position, either standing or sitting.** The dog then moves to the handler's left side and into Heel position (or moves to the handler's right side and into Side position). **The dog may sit or stand in Heel/Side position. The team pauses before moving forward.**
27. **Call Front. Finish (Circle). Forward.** - While moving forward, the handler stops forward motion and may back up several steps (optional), calling the dog to Front position. **The dog may stand or sit in Front position. The dog must pause in Front position, either standing or sitting.** The dog then moves clockwise around the handler to Heel position (or counterclockwise to Side position). The handler begins moving forward as soon as the dog moves out of Front position. The dog catches up to the handler and resumes Heel/Side position.
28. **Call Front. Finish (Loop). Forward.** - While moving forward, the handler stops forward motion and may back up several steps (optional), calling the dog to Front position. **The dog may stand or sit in Front position. The dog must pause in Front position, either standing or sitting.** The dog then moves to the handler's left side to Heel position (or moves to the handler's right side and into Side position). The handler begins moving forward as soon as the dog moves out of Front position. The dog catches up to the handler and resumes Heel/Side position.
29. **Slow** - The team moves at a noticeably slower pace.
30. **Fast** - The team moves at a noticeably faster pace.
- 31-32. **Normal** - The team ceased the noticeably faster or slower pace and resumes a normal pace.
33. **Spiral Right** - This station requires three cones (or other markers) placed in a straight line with spaces between them of approximately four to eight feet. The team moves in a clockwise direction around all three cones, then the first two cones, then the first cone. **The entry is the same for teams working in Heel position or Side position.**

34. **Spiral Left** - This station requires three cones (or other markers) placed in a straight line with spaces between them of approximately four to eight feet. The team moves in a counterclockwise direction around all three cones, then the first two cones, then the first cone. **The entry is the same for teams working in Heel position or Side position.**
35. **Single Serpentine** - This station requires four cones (or other markers) placed in a straight line with spaces between them of approximately four to eight feet. The team weaves between the cones, entering the station with the first cone on the left side of the team and exiting with the last cone on the right side of the team. **The entry is the same for teams working in Heel position or Side position.**
36. **Double Serpentine** - This station requires four cones (or other markers) placed in a straight line with spaces between them of approximately four to eight feet. The team weaves between the cones, entering the station with the first cone on the left side of the team. The team circles the fourth cone and continues weaving until returning to the first cone and exiting the station with the first cone on the left side of the team. **The entry is the same for teams working in Heel position or Side position.**
37. **Stop. Leave Dog (3-5 Steps). Call to Heel/Side** - The team stops. The handler cues the dog to wait, takes 3 to 5 steps forward, **and stops (facing away from the dog)**. The handler then cues the dog to Heel or Side position. It is optional for the dog to wait, standing or sitting, in Heel/Side position before the team resumes forward motion or for the handler to begin moving forward at any time after cueing the dog to Heel/Side in which case the dog must catch up to the handler. However, the dog must be in Heel/Side position before the team reaches the next station.
38. **Stop. Leave Dog (3-5 Steps Right). Call to Heel/Side** - The team stops. The handler cues the dog to wait, turns to the right, takes 3 to 5 steps, **and stops (facing away from the dog)**. The handler then cues the dog to Heel or Side position. It is optional for the dog to wait, standing or sitting, in Heel/Side position before the team resumes forward motion or for the handler to begin moving forward at any time after cueing the dog to Heel/Side in which case the dog must catch up to the handler. However, the dog must be in Heel/Side position before the team reaches the next station.
39. **Stop. Leave Dog (3-5 Steps Left). Call to Heel/Side** - The team stops. The handler cues the dog to wait, turns to the left, takes 3 to 5 steps, **and stops (facing away from the dog)**. The handler then cues the dog to Heel or Side position. It is optional for the dog to wait, standing or sitting, in Heel/Side position before the team resumes forward motion or for the

handler to begin moving forward at any time after cueing the dog to Heel/Side in which case the dog must catch up to the handler. However, the dog must be in Heel/Side position before the team reaches the next station.

40. **Call Front. Handler Finishes to Heel/Side** - While moving forward, the handler stops forward motion and may back up several steps (optional), calling the dog to Front position. **The dog may stand or sit in Front position. The dog must pause in Front position, either standing or sitting.** The handler does either a Loop or a Circle finish to Heel/Side position.
41. **Double Schutzhund Turn** - The team executes two Schutzhund Turns in succession (see Signs 17/18 for the description). The handler may take several steps in between the turns.
42. **450° Right** - Team turns 450 degrees right. This is the same as executing a 360° Right plus a Right Turn.
43. **450° Left** - Team turns 450 degrees left. This is the same as executing a 360° Left plus a Left Turn.
44. **Stop (Stand)** - The team stops. **The dog remains standing at the handler's side.**